

## FACULTY

**Todd H. Berinstein, MD, FACS**  
Otolaryngology  
Northwest Cancer Specialists  
Vancouver WA

**Peter Bonafede, MD**  
Medical Director  
Providence Arthritis Center  
Portland OR

**Barbara Forsythe, MD**  
Gynecologist  
Northwest Gynecology Associates  
Vancouver, WA

**John Fowler, MD**  
Pulmonologist  
Medical Director  
Intensive Care Unit  
Southwest Washington Medical Center  
Vancouver WA

**Frederick Fuller, PA-C**  
Emergency Medicine Physician Assistant  
Department of Emergency Medicine at Valley  
Medical Center  
Renton WA

**David Gonzales, PhD**  
Co-Director-Smoking Cessation Center  
Department of Medicine  
Division of Pulmonary and Critical Care  
Medicine  
OHSU  
Portland OR

**Eric Hansen, MD**  
Private Practice  
Knott Street Dermatology  
Portland OR

**Jeffrey Hansen, MD**  
Adult and Child/Adolescent Psychiatry  
Cascade Center for Wellness  
Vancouver WA

**Kathryn Kolibaba, MD**  
Oncologist  
Northwest Cancer Specialists  
Vancouver WA

**Kerry Kuehl, MD**  
Health Promotion and Sports Medicine  
OHSU Campus  
Assistant Director of the Human  
Performance Laboratory  
Portland OR

**Robert McNerney, ARNP, CDE**  
Arlington Family Medicine  
Arlington, WA

**Anthony Montanaro, MD**  
Professor of Medicine  
Chair-Division of Allergy and Clinical  
Immunology  
Oregon Health and Science University  
Portland OR

**Matt Nipper, MS**  
Exercise Physiologist  
ACSM Exercise Specialist  
Cascade Heart  
Vancouver WA

**C. Philip O'Carroll, MD**  
Clinical Neurology & Electromyography  
Medical Director  
Newport Pain Treatment Center  
Newport Beach, CA

**John Osgood, MD**  
Orthopedic Specialist  
Group Health Tacoma Specialty Center  
Tacoma, WA

**David R. Ruiz, MD, FAAFP**  
Residency Program Director  
Family Medicine of Southwest Washington  
Vancouver WA

**Dale Sanderson, PA-C**  
Physician Assistant  
Sound Mental Health  
Seattle WA

**Joanne D. Stekler, MD**  
Acting Assistant Professor  
Division of Allergy and Infectious Diseases  
Seattle, WA

**Shirley M. Taylor, MN, RN, CWCN, CCRN**  
Burn & Wound Clinical Nurse Specialist  
Harborview Medical Center  
Seattle, WA

**Terri Warren, MSN, MEd, ANP**  
Adult Nurse Practitioner  
Westover Heights Clinic  
Expert-WebMD Genital Herpes Message Board  
Portland OR

**Sunniva Zaratkiewicz, BSN, RN, CWCN**  
Harborview Medical Center  
Wound Clinical Nurse Educator  
Seattle WA



WASHINGTON STATE ACADEMY OF PHYSICIAN ASSISTANTS  
2033 6th Avenue, Suite 1100  
Seattle, WA 98121

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## LODGING

### Hilton Hotel:

301 W. 6<sup>th</sup> St. • Vancouver, WA 98660  
Tel: 360-993-4500 • Fax: 360-993-4484

Reservations: 1-800-HILTONS (1-800-445-8667) -Group Code: WAPA

The Hilton Vancouver Washington hotel is located 12 miles from Portland International Airport and across the street from Esther Short Park, in the heart of downtown Vancouver USA. Some nearby historical attractions to the Hilton Vancouver Washington hotel include the Pearson Air Museum, Fort Vancouver National Historic Site and Officers Row. The Hilton Vancouver Washington hotel is only 10 minutes from downtown Portland which includes attractions such as the Portland Art Museum, Rose Garden Arena, Oregon Zoo and Portland State University. From the Hilton Vancouver Washington hotel guests can walk to neighborhood boutiques, art galleries and locally owned restaurants. A longer stroll will take you to a 3K promenade along the majestic Columbia River with additional shops and river view restaurants and parks. In Vancouver, spend free time at the year-round farmers market, or on one of our many excellent golf courses. Scenic drives will take you east into the Columbia George to Multnomah Falls, north to experience the awe of Mt. St. Helens, west to the rugged coastline and south to the Willamette Valley wineries.

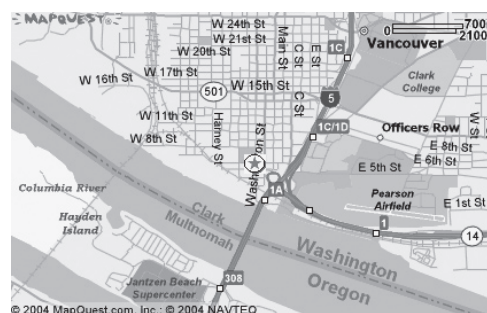
#### Accommodations:

##### Standard Rooms:

Single/Double Rate \$119.00 • Check in is at 4:00 pm, check out is at 12:00 noon.  
Cut-off date for the conference special rate is Thursday, September 17, 2009.

Parking is available for attendees and guests. Guests of the Hilton can park for \$7.00 per car per day-self park in the hotel's underground parking garage. Supplemental parking is available at the Vancouver Center for \$9.00 per day. The fee for daily parking as well as various meters (street parking) and parking lots in the surrounding area start at \$7.00 per day (Vancouver Center – is across the street from the Hilton Hotel on 6<sup>th</sup> and Columbia).

Transportation to the hotel can be arranged by contacting a shuttle service at the airport. Outside of baggage claim, look for the "Ground Transportation Information Booth". The shuttles run every half hour from 5:00 AM-Midnight. You can take a cab or a shuttle service also: [Bluestar Airporter-Washington](#): 1-800-247-2272; \$16.00 per person, each way.



#### Directions

Travel South on Interstate 5:  
Take Interstate 5 into Vancouver, Washington.  
Take the City Center exit.  
Follow the signs to 6th Street.  
Hotel is on the corner of 6th and Columbia.

Traveling North on Interstate 5:  
Take Interstate 5 through Portland and over the Interstate Bridge into Washington.  
Take the second exit (#1B) after the bridge, following the City Center signs.  
Turn left, following the signs to 6th Street.  
Hotel is on the corner of 6th and Columbia.

From Portland International Airport:  
Leaving the airport, follow the signs to Interstate 205 North.  
Get on I-205 North, and go over the Glen Jackson bridge into Washington.  
Take the first exit onto Highway 14 West, towards Vancouver.  
Stay on Hwy. 14 for approx. 7 miles.  
Follow the signs into City Center (center lane).  
Turn left, following the signs to 6th Street.  
Hotel is on the corner of 6th and Columbia

### Other Activities at the Hilton Hotel, Downtown Vancouver Washington and Portland Oregon...

For the outdoor enthusiast, the northwest is full of adventure including hiking, biking, boating, windsurfing, fishing, skiing and snowboarding. The Hilton Vancouver Washington hotel offers 226 boutique style guest rooms exceptionally furnished including "The Bed by Hilton" luxury bed with down duvet comforters and, for the business traveler, a work desk and complimentary high speed Internet access. Hotel amenities include our complimentary Fitness Room, indoor pool, self-service Business Center, Room Service, Java Coast coffee bar and our American Bistro and Bar, Gray's At The Park, serving Northwest cuisine for breakfast, lunch and dinner. Our experienced catering team will assist you in planning meetings, conferences and social events for 10-1300 guests in our 30,000 sq. ft. convention center. Elegant ballrooms and stylish meeting rooms are available for a variety of events and our professional team will manage all of the details for you to ensure a successful event! At the Hilton Vancouver Washington, comfortably stylish accommodations and exceptional service await your arrival.

Step back in time and enjoy Southwest Washington, your friendly outpost in the Pacific Northwest. Explore the past through the area's rich historical resources! Tour some of the most important Pacific Northwest historic sites. Start with the visitor's center in the O.O. Howard House located on beautiful Officers Row in Vancouver. For tours and museum information, please visit our website: [www.southwestwashington.com](http://www.southwestwashington.com)

For tourism information on Portland, Oregon, please visit The Official Tourism and Meeting Website for Portland Oregon at: [www.pova.org](http://www.pova.org)

## SOCIAL ACTIVITIES

### THURSDAY DINNER PROGRAM – 6:30 PM

Thursday, October 8

Pharmacological Aids and Behavioral Support in Smoking Cessation  
David Gonzales, PhD

This dinner lecture program will be held at OBA's restaurant in Portland and is available to the first 50 people who register for the conference and RSVP for the dinner. This event is generously supported by Pfizer and is not available for Category I CME credit.

### FRIDAY DINNER PROGRAM – 6:30 PM

Friday, October 9

Updates in Sleep Medicine  
C. Philip O'Carroll, MD

This dinner lecture program will be held at the Bay 13 in Portland and is available to the first 0 people who register for the conference and RSVP for the dinner. This event is generously supported by Cephalon and is not available for Category I CME credit.

### 14th ANNUAL 5K PA FUN RUN/WALK

Friday, October 9, 2009 - 6:30 AM Start time

Please meet at the conference registration desk at 6:15AM. This is a free event. Walking as always is fine. Just bring running/walking shoes, shorts, sweats, and your great attitude! Please mark your registration form if you plan to participate. Free T-shirts to finishers.

Washington Academy of Physician Assistants Presents

# 2009 ANNUAL FALL CONFERENCE



October 8-10, 2009

Hilton Hotel  
Vancouver, Washington

## CONFERENCE INFORMATION

DATE: October 8-10, 2009

PLACE: Hilton Hotel, 301 W. 6th St., Vancouver, WA 98660. TELEPHONE: 360-993-4500

REGISTRATION: Registration will begin at 7:00 A.M. on Thursday morning in the Pre-function area and will be available each morning of the conference. An administrative fee of \$35.00 is withheld from all refunds. No refunds will be made after the course has begun.

CREDIT: 19 hours of Category I CME credit have been applied for through the American Academy of Physician Assistants.

WORKSHOPS: Workshops will be offered concurrently with lectures on a first-come, first-served basis. The workshops are limited to 30 registrants each and have an additional fee.

## CONFERENCE REGISTRATION

Name: \_\_\_\_\_ Title: (PA, PA-C, ARNP) \_\_\_\_\_ Daytime Ph: (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

(billing address needed for Visa/MC charge)

Specialty and City of practice: (to appear on nametag) \_\_\_\_\_ \*Email: \_\_\_\_\_

\*email address needed for confirmation and receipt

Tuition includes: continental breakfasts, Before After luncheons and conference syllabus on USB 9/18/09 9/18/09 Workshops limited to 30 each.

WAPA Member \$190.00 \$210.00  Coding Workshop \$20.00

Non-WAPA Member \$280.00 \$300.00  Wound Care Workshop \$20.00

Apply the \$90.00 difference towards a 1 year WAPA membership  Psychotropic Med Workshop \$20.00

\$ \_\_\_\_\_ Total amount.  Check box if you want all hosted luncheon meals vegetarian.

YES, I would like to register for the dinner program on Thursday night.

YES, I would like to register for the dinner program on Friday night.

YES, I will be participating in the ANNUAL 5K PA FUN RUN/WALK (T-shirts for all race finishers)

T-shirt size: \_\_\_S \_\_\_M \_\_\_L \_\_\_XL

### PAY BY CREDIT CARD:

Name on card: \_\_\_\_\_

VISA \_\_\_\_\_ MC \_\_\_\_\_

NUMBER: \_\_\_\_\_

EXP DATE: \_\_\_\_\_

### MAIL CHECK TO:

WAPA Annual Fall Conference,  
2033 Sixth Ave., Ste. 1100, Seattle, WA 98121  
FAX: (206) 441-5863

Questions?

Call WAPA at (206) 956-3624/1-800-552-0612 ext. 3006  
or Email: LMK@WSMA.org

## THURSDAY, OCTOBER 8, 2009

7:00-7:50 AM	Registration/Continental Breakfast	Pre-function Area
7:50 AM	Welcome/Introduction	Ballroom
8:00-9:00 AM	Breast Cancer in Primary Care	Kathryn Kolibaba, MD
9:00-10:00 AM	Genital Herpes Update	Terri Warren, MSN, MEd, ANP
10:00-10:30 AM	Exhibitor Break	
10:30-12:00 PM	Major Depressive Disorder in the Pediatric Population	Jeffrey J. Hansen, MD
12:00-1:00 PM	Hosted Luncheon	
1:00-2:00 PM	Obesity Management and Treatment	Kerry Kuehl, MD
2:00-3:00 PM	Review of Sports Medicine Cases for the Primary Care Provider	Kerry Kuehl, MD
3:00-3:30 PM	Exhibitor Break	
3:30-4:30 PM	HIV Testing: Issues and Rationale	Joanne D. Stekler, MD
4:30-5:30 PM	Office Management of COPD	John C. Fowler, MD
*3:30-5:30 PM Concurrent Workshop	<b>The Basics of Coding and Documentation: "The Stuff They Never Taught You in School on Economic Survival"</b> This workshop will provide the tools for participants to identify the three major documentation components of any clinical encounter as defined in the 1997 Medicare Guidelines. It will define requirements for HPI elements, ROS/PFSH, exam bullets, and medical decision making for the 5 most used Established Patient office-based E&M codes including the precise language needed to qualify for time-based coding and billing. We will have some fun with an important yet poorly understood topic.	David R. Ruiz, MD, FAAFP

## THURSDAY Continued, OCTOBER 8, 2009

6:30 PM  
Dinner Program

Pharmacological Aids and Behavioral Support in Smoking Cessation  
David Gonzales, PhD

This dinner lecture program is available to the first 50 people who register for the conference and RSVP for the dinner. This event is generously supported by Pfizer and is not available for Category I CME credit.

## FRIDAY, OCTOBER 9, 2009

6:30 AM Social Event	FUN RUN/WALK Please meet in the hotel lobby at 6:15AM.	HOTEL LOBBY
7:00-8:00 AM	Registration/Continental Breakfast	Pre-function Area
8:00-9:00 AM	Pediatric ENT	Todd H. Berinstein, MD, FACS
9:00-10:00 AM	Updates in Menopausal Management	Barbara Forsythe, MD
10:00-10:30 AM	Exhibitor Break	
10:30-12:00 PM	Diabetes: The Non-infectious Pandemic	Robert McNerney, ARNP, CDE
12:00-1:00 PM	Hosted Luncheon	
1:00-2:00 PM	Managing Allergic Rhinitis And Its Symptoms	Anthony Montanaro, MD
2:00-3:00 PM	What's new with Gout?	Peter Bonafede, MD
3:00-3:30 PM	Exhibitor Break	
3:30-4:30 PM	Emergency Mythology-An Iconclastic Review of the Literature	Frederick P. Fuller, PA-C
*3:30-5:30 PM Concurrent Workshop	<b>Wound Care Essentials Workshop</b> Join us to learn more about wound assessment, etiologies, treatments, and documentation. In the first hour of this workshop we will discuss pressure ulcers, venous and arterial ulcers, diabetic ulcers, surgical sites, and abscess sites. Our second hour together will be a hands on opportunity where we will look at case studies, choose appropriate dressings for the wounds discussed, and will provide you the chance to work with many different wound care products.	Sunniva Zaratkiewicz, BSN, RN, CWCN Shirley M. Taylor, MN, RN, CWCN, CCRN
6:30 PM Dinner Program	Updates in Sleep Medicine C. Philip O'Carroll, MD This dinner lecture program is available to the first 60 people who register for the conference and RSVP for the dinner. This event is generously supported by Cephalon and is not available for Category I credit.	

## SATURDAY, OCTOBER 10, 2009

7:30-8:00 AM	Registration/Continental Breakfast	Pre-function Area
8:00-9:00 AM	Shoulder Evaluation	John Osgood, MD
*8:00-10:00 AM Concurrent Workshop	<b>An Overview of Commonly Used Psychotropic Medications</b> This workshop will focus on commonly used antidepressants, mood stabilizers and antipsychotics both old and new. The most frequently used medications will be emphasized including their indications, side effects and drug-drug interactions. Medications from other classes may be covered as time allows.	Dale Sanderson, PA-C
9:00 - 10:00 AM	Indications and Outcomes for Cardiac Stress Testing	Matt Nipper, MS
10:00-10:15 AM	Break	
10:15-12:15 PM	Dermatology Unknowns	Eric Hanson, MD
12:30-3:00 PM	WAPA Board Meeting – OPEN TO ALL WAPA MEMBERS. Please RSVP at the Registration Desk	

## UPCOMING CONFERENCES

**WINTER CME CONFERENCE** WAPA is proud to be hosting its 21<sup>st</sup> Annual Recertification Review course and Winter Conference at the Seattle Airport Doubletree Hotel on January 30 – February 3, 2010. Approximately 35 CME hours are offered. Mark your calendar!

**FALL CONFERENCE** The next Fall Conference will be in Spokane, Washington at the Davenport Hotel from September 30- October-2, 2010. Please mark your calendar and join us!

## ANNOUNCEMENTS

Thanks to the following companies for their support of WAPA:  
AstraZeneca • Boehringer Ingelheim • Cephalon • Daiichi Sankyo • Elsevier • Forest • GlaxoSmithKline  
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