



Washington Academy of Physician Assistants

2018 ANNUAL FALL CONFERENCE

October 25–27, 2018

Suncadia Resort | Cle Elum, Washington

CONFERENCE INFORMATION

DATE: October 25–27, 2018

LOCATION: Suncadia ▪ 3600 Suncadia Trail ▪ Cle Elum, WA 98922 ▪ (866) 904-6300

REGISTRATION: Registration will begin at 7:00am on Thursday morning in the Rialto area and will be available each morning of the conference. An administrative fee of \$50.00 is withheld from all refunds. No refunds will be made after October 25, 2018.

ACCREDITATION: This activity has been reviewed and is approved for a maximum of **19.00 AAPA Category 1 CME** credits by the AAPA Review Panel. PAs should claim only those credits actually spent participating in the CME activity.

This activity was planned in accordance with AAPA CME Standards for Live Programs and for Commercial Support of Live Programs.

WORKSHOPS: Workshops will be offered as an alternative to the main lecture hall and often run concurrently with lectures on a first-come, first-served basis. The workshops are limited to 30 registrants each.



PROGRAM DETAILS

THURSDAY ☀️ OCTOBER 25, 2018

7:00 – 7:50 AM	Registration and Continental Breakfast Pre-function area
7:50 – 8:00 AM	Welcome/Introduction Ballroom
8:00 – 9:00 AM	Fever Management Neil Uspal, MD
9:00 – 10:00 AM	Articles that Will Change Your Practice Neil Uspal, MD
10:00 – 10:30 AM	EXHIBITOR BREAK
10:30 – 12 NOON	Overview of Mood Disorders Kyl Dinsio, MD
NOON – 1:00 PM	Hosted Luncheon
1:00 – 2:00 PM	Diagnosis and Biopsy of Skin Cancers Sarah Patton, PA-C
2:00 – 3:00 PM	Recognizing TIA and Stroke and What to Do Arielle Davis, MD
3:00 – 3:20 PM	EXHIBITOR BREAK
3:20 – 4:20 PM	Outpatient Stewardship Chloe Bryson-Cahn, MD
3:20 – 5:20 PM	WORKSHOP: Wound Assessment and Management
6:30 PM start time	DINNER PROGRAM <i>Open to the first 50 attendees to register for the Fall Conference and RSVP for this dinner.</i> Dual Topic Program: Type 2 Diabetes & Atrial Fibrillation and Anticoagulation This event is generously supported by Boehringer Ingelheim.

FRIDAY ☀️ OCTOBER 26, 2018

7:00 AM start	5K FUN RUN/WALK Meet in the registration area at 6:50 AM
8:00 – 10:00 AM	Diabetes Pearls for the Primary Care Provider Lorena Wright, MD
10:00 – 10:30 AM	EXHIBITOR BREAK
10:30 – 11:10 AM	Clinical Imaging Scenarios in Radiology: Questions and Answers Mike Ulisse, MD
11:10 – 12 NOON	Current Issues in Breast Care for the Primary Care Provider Mike Ulisse, MD
NOON – 1:00 PM	Hosted Luncheon 2018 Legislative and Regulatory Update
1:00 – 1:40 PM	Asthma and It's Mimics Tyler Albert, MD
1:40 – 2:40 PM	What You Need to Know About the Changes to Opioid Prescribing Claire Trescott, MD
2:40 – 3:00 PM	EXHIBITOR BREAK
3:00 – 4:20 PM	Cardiology Potpourri Kelley Branch, MD
3:20 – 5:20 PM	WORKSHOP: Stop the Bleed
5:45 PM start time	HAPPY HOUR & EDUCATIONAL PRESENTATION: “The Emerging Role of a Newly Released Anti-Inflammatory for Joint, Cardiovascular, Metabolic, Brain Health and Longevity” by Jon L. Ruckle, MD, CPI <i>Open to the first 50 attendees to register for the Fall Conference and RSVP for this event.</i> This event is generously supported by Cardax.



PROGRAM DETAILS *(continued)*

SATURDAY ☀️ OCTOBER 27, 2018

7:00 – 8:00 AM	Breakfast Program/Lecture <i>Title: New Treatments for Osteoarthritis</i> Sponsored by Flexion Therapeutics Alexander Sah, MD	10:15 – 11:15 AM	Deadly Triad: Addiction, HIV and Hepatitis C Michael Cairns, MD
8:00 – 9:00 AM	Assessment and Management of Dementia Gail Li, MD, PhD	11:15 – 12:15 PM	Botox: Medical and Cosmetic Uses Discussed Erik Suh, MD, FFAFP
9:00 – 10:00 AM	TBI Diagnosis and Treatment Elaine Peskind, MD	12:15 PM	CONFERENCE ADJOURNS
10:00 – 10:15 AM	BREAK	12:30 – 3:00 PM	WAPA Board Meeting <i>Open to all WAPA members.</i> <i>Please RSVP at the registration desk if you would like to attend.</i>

WORKSHOPS

THURSDAY: 3:20 – 5:20 PM

► **WOUND ASSESSMENT AND MANAGEMENT** | Maria Lutes, ARNP and Abbey Schneidmiller, ARNP

This workshop is an additional \$40.00

Maria Lutes, ARNP and Abbey Schneidmiller, ARNP are Pediatric Nurse Practitioners certified in Wound and Ostomy Management who developed and established the first designed Pediatric Wound Clinic in Washington State in January 2015. This workshop will be a great overview of wound healing to include assessment and management. The topics specifically addressed will include basic wound healing principles, care and management of burns in the acute and primary care setting, and assessment and treatment of patients who present with pilonidal disease. The workshop will combine short lecture followed by hands-on experiences with simple and complex dressing changes.

FRIDAY: 3:20 – 5:20 PM

► **STOP THE BLEED** | Kate Osborne, PA-C

This workshop is an additional \$40.00

Stop the Bleed was motivated by the 2012 tragedy in Sandy Hook and Boston Marathon bombing 2013, as well as multiple tragedies that have occurred in the ensuing years. What has become known as the Hartford Consensus was convened to bring together leaders from law enforcement, federal government agencies, and the medical community to improve survivability from manmade or natural mass casualty events. The resulting injuries from these events generally present with severe bleeding which, if left unattended, can result in death. The participants of the Hartford Consensus concluded that by providing first responders (law enforcement, medical professionals) and civilian bystanders the skills and basic tools to stop uncontrolled bleeding in an emergency situation, lives would be saved. The first responder program has received very good response and is widely being used across the country. As medical professions we should not only have the knowledge of these skills but share this knowledge in our communities. By the end of this workshop you will learn and have hands-on practice of proper techniques for applying a tourniquet, packing wounds, and applying pressure.

SOCIAL ACTIVITIES

15th Annual 5K PA Fun Run/Walk

Friday ☀️ October 26, 2018 | 6:50AM START TIME

Another successful fun run/walk is scheduled to take place at 7:00AM. Please meet in the registration area at 6:50AM. This is a free event. Walking as always is fine. Just bring running/walking shoes, shorts, and your great attitude.

- **Please mark your registration form if you plan to participate.** Free T-shirt to finishers.

Thursday ☀️ October 25, 2018

Swiftwater Cellars Dinner Program | 6:30PM START

Open to the first 50 people who register for the Fall Conference and RSVP for the dinner.

Dual Topic Program: Type 2 Diabetes & Atrial Fibrillation and Anticoagulation

This event is generously supported by Boehringer Ingelheim.

Friday ☀️ October 26, 2018

Friday Evening Happy Hour and Educational Presentation

5:45PM START

Join us for hosted appetizers and drinks with a presentation of "The Emerging Role of a Newly Released Anti-Inflammatory for Joint, Cardiovascular, Metabolic, Brain Health and Longevity" by Jon L. Ruckle, MD, CPI | Principal, Pacific Pharma Group, LLC

Open to the first 50 people who register for the Fall Conference and RSVP for this event. This event is generously supported by Cardax.

Saturday ☀️ October 27, 2018

Breakfast Lecture | 7:00AM START

The only breakfast on Saturday. Join us for a great lecture and a hot breakfast buffet.

Dr. Alexander Sah will present on New Treatments for Osteoarthritis. Dr. Sah currently serves as the Director of Outpatient Joint Replacement Program and is the Co-Director of the Institute for Joint Restoration and Research at Washington Fremont Hospital.

FACULTY

Lorena Alarcon-Casas Wright, MD, FACE

Clinical Assistant Professor
Metabolism, Endocrinology and Nutrition
University of Washington Medical Center
Seattle, WA

Tyler Albert, MD

Hospital & Specialty Medicine
VA Puget Sound Healthcare System
Seattle, WA

Kelley Branch, MD

Assistant Professor in Cardiology
University of Washington School of Medicine
Seattle, WA

Chloe Bryson-Cahn, MD

Assistant Professor, University of
Washington School of Medicine
Division of Allergy and Infectious Diseases
Medical Director of Antimicrobial Stewardship
Associate Medical Director of Infection
Prevention and Control
Harborview Medical Center
Seattle, WA

Michael Cairns, MD

Internal Medicine and Infectious Diseases
Swedish Center for Comprehensive Care
Seattle, WA

Arielle Davis, MD

Assistant Professor of Neurology
Neurology Attending
University of Washington/Harborview and
UW Medical Center
Seattle, WA

Kyl Dinsio, MD

Adult and Geriatric Psychiatrist
Outpatient Psychiatry Consultation
Swedish Medical Group
Seattle, WA

Gail Li, MD, PhD

Associate Professor, Department of Psychiatry
and Behavioral Sciences
University of Washington
Seattle, WA

Maria Lutes, ARNP

Certified Wound and Ostomy
Mary Bridge Children's Hospital
Tacoma, WA

Kate Osborne, PA-C

Mary Bridge General Surgery/Trauma Team
Tacoma, WA

Sarah Patton, PA-C

Skin Surgery Center
Bellevue and Seattle, WA

Elaine Peskind, MD

Professor, Department of Psychiatry and
Behavioral Sciences
Associate Director- Alzheimer's Disease
Research Center
Seattle, WA

Jon L. Ruckle, MD, CPI

Principal
Pacific Pharma Group, LLC
Tacoma, WA

Alexander Sah, MD

Orthopedic Surgeon Orthopaedic Associates
at the Institute for Joint Restoration
Fremont, CA

Abbey Schneidmiller, ARNP

Certified Wound and Ostomy
Mary Bridge Children's Hospital
Tacoma, WA

Erik Suh, MD, FAAFP

Medical Director of Eastside Primary Care
and Wellness
Clinical Instructor of UW School of Medicine
Adjunct Clinical Assistant Professor of
PNWU-College of Osteopathic Medicine
Preceptor for UW Medex NW
Bellevue, WA

Claire Trescott, MD

Medical Commissioner Congressional
District 6
Washington State Medical Commission

Michael J. Ulissey, MD, FACR

Adjunct Professor of Radiology
The University of Texas Health Sciences
Center and Clinical Breast Radiologist
The CDI Women's Center
Auburn and Federal Way, WA

Neil Uspal, MD

Associate Professor in Pediatrics
University of Washington School of Medicine
Emergency Department Attending Physician
Seattle Children's Hospital
Seattle, WA

ANNOUNCEMENTS

THANK YOU TO OUR 2017 FALL SPONSORS:

Abbvie, Allergan, Aspen Medical Products, AstraZeneca, Barton Associates, Boehringer Ingelheim, Coyote Stone, Department of Labor and Industries, GlaxoSmithKline, Kaiser Permanente, Lilly Diabetes, MEDEX NW, Olympic Sports and Spine Rehab, Providence, Qualis Health, Regeneron, Shire, Shriners Hospital, The Everett Clinic and Zoomcare.

UPCOMING CONFERENCES

SPRING RECERTIFICATION REVIEW COURSE AND CONFERENCE

WAPA is proud to be hosting its 30th Primary Care Review Course and Spring Conference at the **Seattle Airport Marriott Hotel on April 27-30, 2019**. Approximately 35 CME hours will be applied for through AAPA. Mark your calendar and plan to join us.

FALL CME CONFERENCE

WAPA will be hosting the 2019 Fall conference at **The Historic Davenport Hotel in Spokane, October 3-5, 2019**.

Washington Academy of Physician Assistants

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Suncadia Resort | Cle Elum, Washington

CONFERENCE REGISTRATION

Name: _____ Title: (PA, PA-C, ARNP) _____

Address: _____

City: _____ State: _____ Zip: _____

Specialty and City of practice (to appear on nametag): _____

Email*: _____ Daytime Ph: (_____) _____

* email address of attendee is required for the e-syllabus. The e-syllabus will be emailed to you 1 week prior to the meeting.

■ **TUITION INCLUDES:** continental breakfasts, hosted lunches and conference e-syllabus.

	<i>Before</i> <u>10/05/2018</u>	<i>After</i> <u>10/06/2018</u>	▶ WORKSHOPS each is \$40.00 to attend
WAPA Member	\$250.00	\$275.00	<input type="checkbox"/> Wound Assessment & Mgmt October 25
Non-WAPA Member	\$350.00	\$375.00	<input type="checkbox"/> Stop the Bleed October 26

\$ _____ **Total amount enclosed for both columns**

Check here if you want all hosted luncheon meals *vegetarian*.

I have a dietary restriction or allergy, it is: _____

■ **THURSDAY DINNER PROGRAM/LECTURE:** to the first 50 attendees to register for the Fall Conference and RSVP for the dinner.

Yes, I would like to attend the Thursday evening dinner/lecture at Swiftwater Cellars with Boehringer Ingelheim.

■ **FRIDAY HAPPY HOUR/PRESENTATION:** to the first 50 attendees to register for the Fall Conference and RSVP for this event.

Yes, I would like to attend the Friday evening happy hour/presentation with Cardax

■ **SATURDAY MORNING BREAKFAST PROGRAM/LECTURE:**

Yes, I will attend the Saturday morning breakfast program with Flexion Therapeutics

■ **SOCIAL ACTIVITY – FRIDAY, OCTOBER 26:**

YES, I will be participating in the ANNUAL 5K PA FUN RUN/WALK ▶ T-shirt size: S M L XL

PAYMENT

Enclosed is my check made payable to: **WAPA***

By Credit Card: 



Name on card: _____ CC Exp Date: _____ / _____

CC Number: _____ 3- or 4-digit Security Code _____

* **MAIL CHECK TO: WAPA Fall CME** • 2001 Sixth Avenue • Suite 2700 • Seattle, WA 98121

QUESTIONS? Call WAPA at (206) 956-3624 or 1-800-552-0612 ext. 3006; or EMAIL QUESTIONS TO: LMK@wsma.org

LODGING INFORMATION



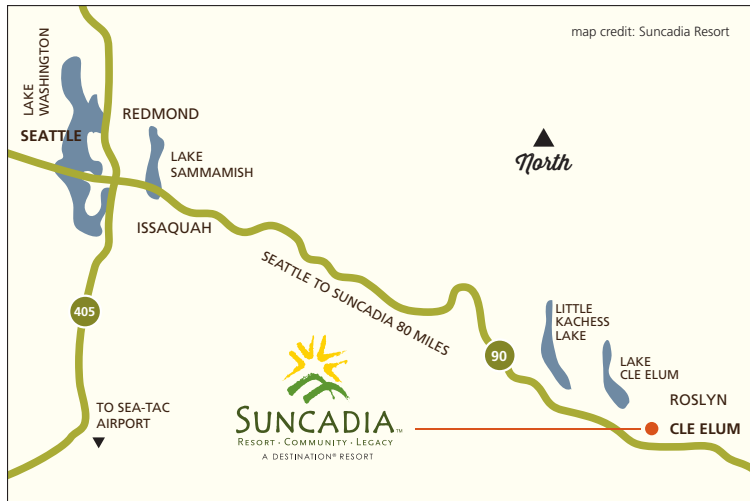
Suncadia Resort

3600 Suncadia Trail • Cle Elum, WA 98922

Reservations: (866) 904-6300

EMAIL: www.suncadiaresort.com

■ Location:



■ DRIVING DIRECTIONS:

From Seattle: Drive east on I-90 for approximately 80 miles to the Roslyn/Suncadia exit (exit 80). Turn left at the exit onto Bullfrog Road and follow the signs to Suncadia.

From Sea-Tac Airport: Follow signs for I-405 north. Proceed until the I-90 interchange and take I-90 east toward Spokane. Continue east on I-90 for approximately 80 miles to the Roslyn/Suncadia exit (exit 80). Turn left at the exit onto Bullfrog Road and follow the signs to Suncadia.

From Spokane: Drive west on I-90 for approximately 215 miles to the Roslyn/Suncadia exit (exit 80). Turn right at the exit onto Bullfrog Road and follow the signs to Suncadia.

From Portland: Drive North on I-5 into Washington State. Take exit 142A to merge onto WA-18 east toward North Bend/ Auburn. Continue on Hwy 18 for approximately 28 miles then merge onto I-90 east via the ramp to Spokane. Continue east on I-90 for approximately 55 miles to the Roslyn/Suncadia exit (exit 80). Turn left at the exit onto Bullfrog Road and follow the signs to Suncadia.

■ ACCOMMODATIONS:

A deposit of one day's rate or your major credit card number must be received by **Tuesday, September 25, 2018** in order to ensure room availability. Nonsmoking rooms are available. Check-in is 4:00PM | Checkout is 11:00AM.

***** Cut off date for the WAPA group rate is Tuesday, September 25, 2018.** Please call the reservation number before 9:00 pm on weekdays and before 7:00 pm on weekends; let the reservationist know you are with the WAPA conference for the special rate.

■ ROOM RATES:

Lodge Deluxe Room: Single/Double *\$169.00/night

* There is a resort fee of \$29.00 per day which includes: in-room wireless internet, in-room coffee, self parking and access to swim and fitness centers.

Other activities at Suncadia Resort....

From championship golf, fly fishing and miles of spectacular hiking and cycling trails to spa treatments, shopping, and fine dining, Suncadia is a place for friends and family to relax and reconnect.

Swim and Fitness Center

Our Swim & Fitness Center was designed to enhance year round recreational opportunities at Suncadia, as well as provide healthy lifestyle options for the whole family. It features both indoor and outdoor resort activities for members and guests.

The pools will be open during the weekday and the slides are open from:

- Friday: 3PM–7PM
- Saturday: 10AM–5PM
- Sunday: 10AM–3PM

Prospector Golf Course

36 holes of golf. Stunning views. Incredible design. Immaculate conditions. All surrounded by the rolling pine forest and towering granite peaks of the sunny, eastern slopes of the Cascades. From beginner to advanced, and day outings to extended vacations, Suncadia offers the Northwest's finest mountain golf experience. Two courses to choose from: Prospector and Rope Rider. Please call 1-866-715-5050 for tee times.



photo credit: Suncadia Resort

healing body techniques, and advanced skin care. The luxury spa treatment center features vichy shower rooms, and duo rooms, including one with a private outdoor bath and deck. Contact Spa Concierge at 509-649-6470 to book your Glade Spring Spa experience.

Swiftwater Cellars

A boutique selection of wines includes inaugural releases of red and white Bordeaux blends and Syrah sourced from the Columbia Valley, and a Pinot Noir from Oregon's Willamette Valley. Situated atop Coal Mine No. 9 overlooking the Rope Rider golf course and features a tasting bar, restaurant, pro shop and special event facilities. Swiftwater Cellars' wines are sourced from select vineyards in the Pacific Northwest and tended to by veteran winemaker, Tony Rynders of Tony Rynders Consulting.

Bring the whole family Fun for a weekend of fun and activities...

Glade Spring Spa

Enjoy massages, body work, facials and couples' spa treatments focusing on balance, relaxation and rejuvenation using a blend of natural ingredients,

Contact the resort or email them at www.suncadiaresort.com for more information.