

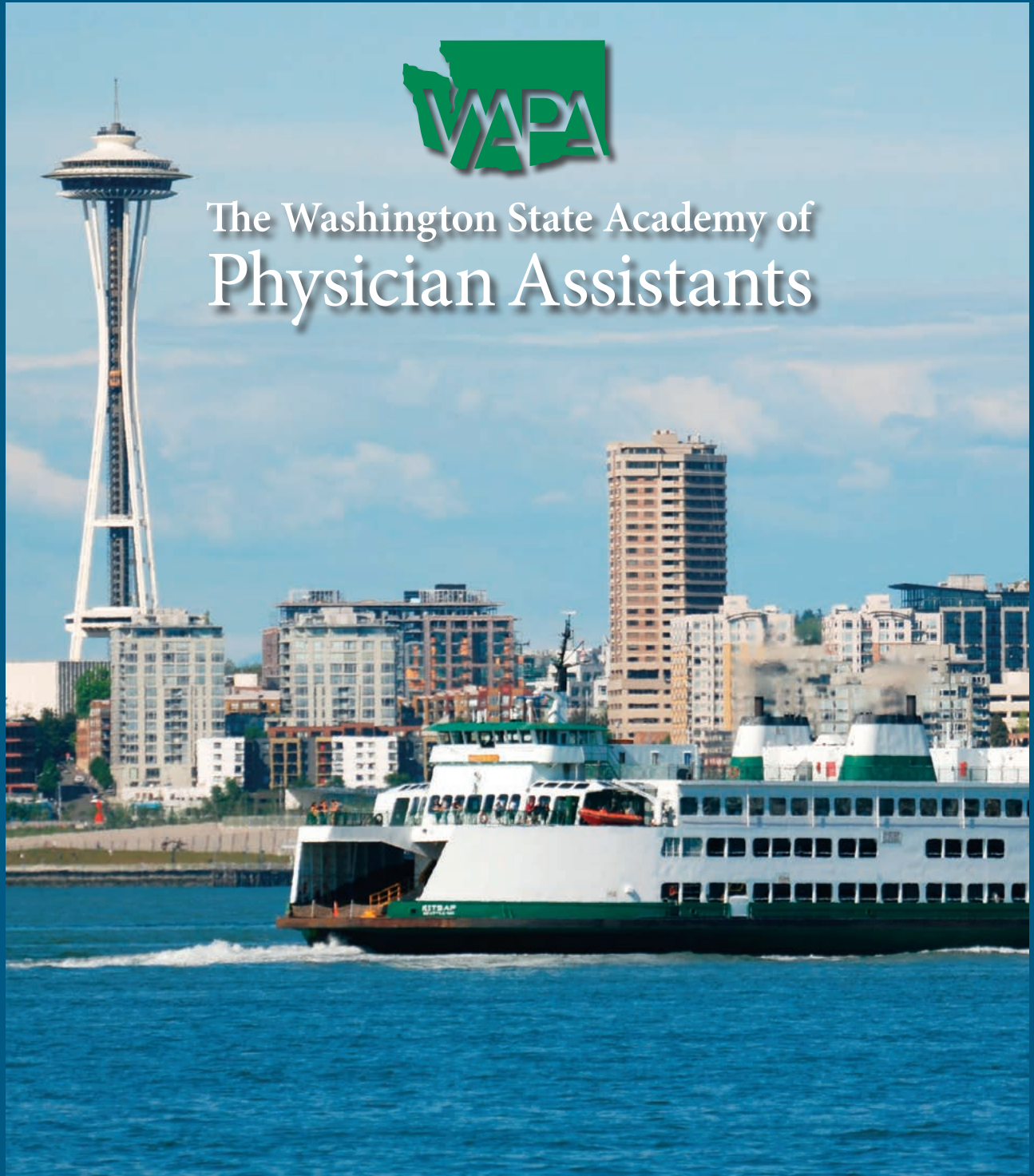
33rd Annual Primary Care Review and Update 2022 Spring Conference

April 23 – 26, 2022

Marriott Hotel Seattle Airport | Seattle, Washington



The Washington State Academy of
Physician Assistants



Visit Seattle WA photo courtesy of Howard Frisk

The Washington State Academy of Physician Assistants is proud to host its 33rd Annual Primary Care Review and Update Conference at the Marriott Hotel near the Seattle Airport. We know that all Physician Assistants need updated CME to help them continue to provide excellent patient care. We also understand the need for Physician Assistants to review major medical core knowledge areas as they prepare to take the NCCPA Recertification Exam. Our goal is to help meet both of these needs, and to make your learning experience a pleasant one. Please join us at our 2022 Spring Conference for an outstanding opportunity to review and update your medical skills as well as enjoy the rare opportunity to network with fellow colleagues.

Accreditation

This activity has been reviewed by the AAPA Review Panel and is compliant with AAPA CME Criteria. This activity is designated for **26 AAPA Category 1 CME** credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 4/23/2022 to 4/26/2022. AAPA reference number: CME-205782.

Electronic Syllabus

WAPA will be providing an e-syllabus in place of a paper syllabus. The link will be sent to your email address prior to the start of the conference. It will have all of the speaker presentations (powerpoint slides, outline, articles). Each attendee at registration check-in will receive a packet of information (schedule, raffle rules and events that you signed up for). The e-syllabus can be downloaded onto your laptop or ipad so that you can follow along during the presentations. The e-syllabus will be available online for 3 months after the conference. Watch for an email from WAPA with instructions on how to view the e-syllabus online. There will be complimentary WiFi in the lecture halls.

Automated Response System

An Automated Response System (ARS) will be used in both our main and concurrent lecture hall to promote interaction between you and the speaker. The hand-held remote will allow attendees to convey responses to questions asked by each speaker. Complete instructions will be available at the conference.

Friday Night Happy Hour and Registration

Join us Friday evening April 22, between 7:00pm–9:00pm in the WAPA welcome suite at the conference hotel. Friday early registration and reception is in Suite 530. Come by and enjoy some appetizers, wine and beer or just swing by and register early and say hello to some fellow conference goers.

Registration will also be available starting at 7:00am on Saturday, April 23.

Sunday evening Trivia

Test your medical knowledge and have some fun with WAPA in the Mt. Rainier room. We will have spirits and appetizers. Form a team, join a team, or compete solo! Prize for trivia winner.

Refunds/Cancellations

An administrative fee of \$75.00 is withheld from all refunds. No refunds will be made after the course has begun. Registration is limited to available space.

MEDEX NW Alumni Reception

On Saturday, April 23rd, MEDEX NW will host its annual awards ceremony in the Snoqualmie Ballroom from 5:00 pm to 8:00 pm. MEDEX NW Alumni, students, conference attendees and guests are welcome to attend.

It's the 2022 MEDEX Alumni Reception & Awards Ceremony, live and in-person! Saturday April 23rd, 5:00pm-8:00pm at the Seattle Airport Marriott Hotel in SeaTac, in conjunction with the Washington Academy of Physician Assistants (WAPA) 2022 Annual Spring Conference (April 23-26) being held at the same hotel.

Following a two-year pandemic shut down, we are set to revive this annual event in the Marriott's Snoqualmie Ballroom with an evening of DJ'd music, a cash bar, appetizers and in-person catching up. At the center of the evening is an awards ceremony during which longtime MEDEX NW faculty member Lois Thetford will lead a recognition of the recipients of the 2022 MEDEX NW Student Scholarships and hand out a few awards to MEDEX NW Alumni and PA professionals in recognition of their proven efforts as preceptors, teachers, leaders and lifetime achievers.

Our goal is to bring people together – students, alumni, faculty, staff, friends – to enjoy themselves and help us to recognize excellence in the MEDEX NW program and the PA profession. Hope to see you there.

* **This reception is open to all WAPA spring meeting attendees.**

Breakfast and Lunch Programs

WAPA is hosting a variety of non CME industry supported meal functions as part of the conference. It is important that if you sign up for these events, that you attend.

► **Breakfast and lunch programs are limited to the first 50 attendees who register and RSVP for the program.**

Saturday, April 23:

Breakfast Program (7:30–8:20am) supported by NCCPA

- Presentation: *Update from NCCPA: Focus on PANRE Alternative* by Greg Thomas, PA-C Emeritus, MPH



NCCPA will provide detailed information on the planned alternative to PANRE called PANRE-LA that will launch in 2023. We will also provide a brief review the CAQ program and the

Breakfast and Lunch Programs *(continued)*

disciplinary role of NCCPA. In addition, we will describe the various ways NCCPA communicates with PAs and the public, along with other services provided.

Learning Objectives:

- Describe the options available for PANRE beginning in 2023 with many new details on PANRE-LA
- Describe the CAQ program
- Describe the disciplinary policy and role of NCCPA
- Recognize the many ways NCCPA communicates with PAs and the other services provided

Sunday, April 24:

Lunch Program in the Snoqualmie Ballroom (noon–1:00pm) supported by SI-BONE

- Presentation: *Low Back Pain's Missing Piece... The SI Joint*
Presenter: **Omar Gonzalez PA-C**

This lunch, supported by SI-Bone will cover the biomechanics and pathophysiology of the Sacroiliac Joint. Patient presentation and diagnostic challenges. Hands-on physical exam (provocative maneuvers) and injection guidelines. Conservative and surgical treatment options.

Monday, April 25:

Lunch Program in the Snoqualmie Ballroom (noon–1:00pm) supported by UW Psychiatry

- Presentation: *Difficult Patients: Approaches and Strategies*

This talk will review the common types of more challenging patients to work with and how to identify them, and review strategies that practitioners can use to maximize patient care.

Tuesday, April 26:

Lunch Program in the Snoqualmie Ballroom (noon–1:00pm) supported by Gilead HIV

- Presentation: *Creating Effective Conversations When Discussing HIV Test Results* presented by Peter Shalit, MD, PhD

Peter Shalit is an Internal Medicine physician in private practice in Seattle, Washington, USA. Dr. Shalit has been in full time, independent medical practice since 1990. He currently shares his practice with two Physician Assistants and a Nurse Practitioner, caring for a large diverse group of adults of all ages, gender identities and sexual orientations. Dr. Shalit is Board Certified by the American Board of Internal Medicine and the American Academy of HIV Medicine and is a Fellow of the American College of Physicians. He holds a courtesy faculty position as Clinical Professor of Medicine at the University of Washington where he teaches about HIV treatment and prevention as well as general LGBTQ health.

Workshop**Joint Injection Workshop**

Sunday, April 24 | 1:00pm–3:00pm

- Workshop Presenter: **Omar Gonzalez, PA-C**

A hands-on interactive session led by an experienced PA-C to discuss intra-articular injections of hyaluronic acid (HA) for treatment of knee pain due to osteoarthritis. After a presentation there will be an opportunity to utilize four different knee models to practice injection procedure and treatment accuracy.

- **Fee for this workshop:** \$75.00 | This workshop is limited to 30.

Conference Location

The **Marriott Seattle Airport** is located 1/2 mile east of the airport at: 3201 South 176th St. Seattle, WA 98188.

Parking

Daily parking is included in your registration fee. Your discounted hotel booking at the Seattle Airport Marriott Hotel also includes your daily parking fee

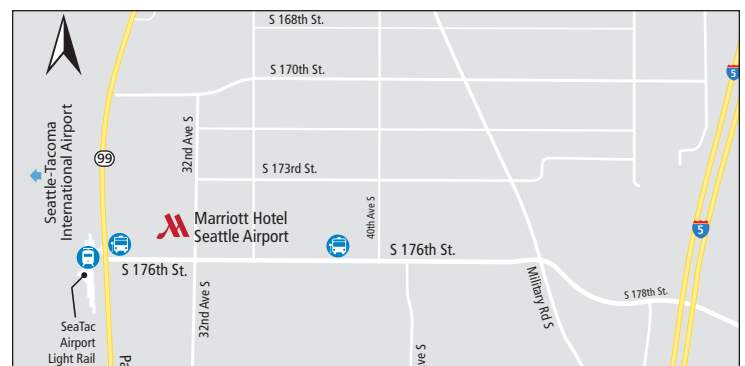
Lodging

From the moment you enter the lobby, you'll know Seattle Airport Marriott is far beyond ordinary. As one of the premier Seattle airport hotels, the Marriott welcomes you with a warm, stone fireplace and a magnificent two-story wood-beamed atrium, providing the ideal setting to unwind and get comfortable. Settle down in style in a spacious guest room, equipped with the latest technology and upscale amenities. SeaTac airport hotel guests can catch that overdue workout in the 24-hour fitness center.

Hotel reservations must be made by March 31, 2022 in order to ensure our special conference room rates. You must indicate that you are attending the Washington State Academy of Physician Assistants conference in order to receive the reduced room rates. Please call 1-800-228-9290 or (206) 241-2000 for reservations.

Special Conference Room Rates:

Single or Double :	\$149.00 per night plus taxes (Parking included)
Check in time:	3:00 pm
Check out time:	12:00 noon

Marriott Hotel – Seattle Airport

Visit our website at www.wapa.com or contact Linda Krause, WAPA Administrator, at: LMK@wsma.org or 206-956-3624

MAIN HALL LECTURES – WASHINGTON BALLROOM

7:30 am – 8:20 am Breakfast Program by NCCPA
Update from NCCPA: Focus on PANRE Alternative
Presenter: Greg Thomas, PA-C
Emeritus, MPH
Director of PA Relations



8:20 am WELCOME/ANNOUNCEMENTS

8:30 am – 10:00 am
Covid Update
Leah Yoke, PA-C, MCHS

10:00 am – 10:30 am EXHIBITOR BREAK
Enter our raffle in the Evergreen Ballroom

10:30 am – 12:00 pm
Wound Care for Primary Care
Marc Jones, DPM

CONCURRENT HALL – SNOQUALMIE BALLROOM

7:30 am REGISTRATION/CONTINENTAL BREAKFAST

8:30 am – 10:00 am
*Mindfulness for the Patient and the Provider:
An Experiential Opportunity*
Laura Katers, PA-C, MS

10:00 am – 10:30 am EXHIBITOR BREAK
Enter our raffle in the Evergreen Ballroom

12:00 pm – 1:00 pm Lunch in the Atrium

PA Legislation Wrap Up and What's Ahead with Sue Cole, PA-C, Linda Dale, PA-C, and Chelsea Hager, JD

Box lunches can be taken to the Atrium to hear the Washington legislative update or taken anywhere on the property to enjoy.

1:00 pm – 2:30 pm
Charcot foot
Marc Jones, DPM

2:30 pm – 3:00 pm EXHIBITOR BREAK
Raffle drawing in the Evergreen Ballroom

3:00 pm – 4:00 pm
Hematology Review
Gabrielle Zecha, PA-C, MHA

4:00 pm – 5:00 pm
Ophthalmology for Primary Care
Michael Brush, MD

2:30 pm – 3:00 pm *Legislative Session: How to talk to your
physician colleagues and state representatives and senators
about "collaborative practice"*

Linda Dale, PA-C -WAPA Legislative and Health Policy Chair

5:00 pm – 8:00 pm
MEDEX NW Awards Ceremony
Marriott's Snoqualmie Ballroom

MEDEX RECEPTION

The 2022 MEDEX Alumni Reception and Awards Ceremony
will be the evening of Saturday, April 23, 2022 in
Marriott's Snoqualmie Ballroom from 5:00 pm–8:00 pm.

All MEDEX Alumni, Students and Conference attendees
are welcome to attend.

MAIN HALL LECTURES – WASHINGTON BALLROOM

7:00 am REGISTRATION/CONTINENTAL BREAKFAST

7:55 am ANNOUNCEMENTS

8:00 am – 10:00 am

The Aging Female Pelvis

Suzette Sutherland, MD, MS, FPMRS

10:00 am – 10:30 am EXHIBITOR BREAK

Enter our raffle in the Evergreen Ballroom

10:30 am – 12:00 pm

CHF and HTN review

Gary Huang, MD

12:00 pm – 1:00 pm In the Atrium; for Lunch Program (supported by SI-BONE) in the Snoqualmie Ballroom
Presentation: *Low Back Pain's Missing Piece... The SI Joint*
Presented by Omar Gonzalez PA-C

1:00 pm – 2:30 pm

Renal Failure and Chronic Kidney Disease for the Primary Care Provider

Monica Morrison, PA-C

2:30 pm – 3:00 pm EXHIBITOR BREAK

Raffle drawing in the Evergreen Ballroom

3:00 pm – 4:00 pm

Osteoporosis Management for Primary Care

Kim O'Connor, MD, MACP

4:00 pm – 5:00 pm

DOAC's

Grace Baek, PharmD, BCOP

6:00 pm – 8:00 pm

PA Trivia

Open to all conference attendees and guests. Mt. Rainier room

JOINT INJECTION WORKSHOP

supported by Johnson and Johnson

Sunday April 24 ■ 1:00 pm -3:00 pm
Salon F

\$75.00 to attend.

Open to the first 30 who register.

WAPA BOARD MEETING – 10:00 am – Noon

HOD MEETING – 8:00 am – 10:00 am

OPEN TO ALL WAPA MEMBERS

Please RSVP at the registration desk

A special THANK YOU to the CME committee:

Lyn Storm, PA-C and Allison Warmington, PA-C
CME Co-chairs

Monica Morrison, PA-C

Leah Yoke, PA-C

MONDAY, APRIL 25, 2022

MAIN HALL LECTURES – WASHINGTON BALLROOM

7:30 am REGISTRATION/CONTINENTAL BREAKFAST

8:20 am ANNOUNCEMENTS

8:30 am – 10:00 am

Current Diabetes Treatments and Medications

Lorena Casas Wright, MD

10:00 am – 10:30 am EXHIBITOR BREAK

Enter our raffle in the Evergreen Ballroom

10:30 am – 12:00 pm

Transgender Care of the Adult Patient

Lorena Casas Wright, MD

12:00 – 1:00 pm

Lunch in Atrium or Snoqualmie Ballroom for Lunch Program

Supported by UW Psychiatry

Difficult Patients: Approaches and Strategies

by Jennifer Magnani, MSW, LICSW

1:00 pm – 2:00 pm

Orthopedic Exam Pearls... and Knee Review

Fred Huang, MD

2:00 pm – 3:00 pm

Advance Care Planning-Geriatric Considerations

Meg Mullin, MD

3:00 pm – 3:30 pm EXHIBITOR BREAK

Raffle drawing in the Evergreen Ballroom

3:30 pm – 5:00 pm

Palliative care for Physician Assistants

Meg Mullin, MD and Bonnie Joy, PA-C, MPA

TUESDAY, APRIL 26, 2022

MAIN HALL LECTURES – WASHINGTON BALLROOM

7:30 am REGISTRATION/CONTINENTAL BREAKFAST

8:20 am ANNOUNCEMENTS

8:30 am – 10:00 am

Dermatology Review

Theresa Schimmels, PA-C

10:00 am – 10:30 am EXHIBITOR BREAK

Enter our raffle in the Evergreen Ballroom

10:30 am – 12:00 pm

Venous Stasis vs Arterial Wounds

Theresa Schimmels, PA-C

12:00 – 1:00 pm

Lunch Program in the Snoqualmie Ballroom – supported by

Gilead HIV

Creating Effective Conversations When Discussing HIV

Test Results presented by Peter Shalit, MD, PhD — *The presentation will include discussions around HIV Treatment (Biktarvy) and HIV Prevention, PrEP (Descovy).*

1:00 pm – 2:30 pm

Anxiety and Depression in the Adolescent

Cora Breuner, MD, MPH

2:30 pm – 3:00 pm

Contraception

Cora Breuner, MD, MPH

3:00 pm – 4:00 pm EXHIBITOR BREAK

Raffle drawing in the Evergreen Ballroom

4:00 pm – 5:00 pm

Medication-Assisted Treatment for Opioid Use Disorder in

Primary Care

Bonnie Joy, PA-C, MPA

CONFERENCE ADJOURNS

**Thanks to the following companies who supported us
in Spokane at our Fall Conference**

Astellas Pharma US

Astra Zeneca Pharma PSS Primary Care

Bayer

Boehringer Ingelheim Pharmaceuticals Inc

Bristol Myers Squibb

Genentech

Gilead Sciences, Inc

GlaxoSmithKline

Janssen Pharmaceuticals

NovoNordisk

Pacific University

Sanofi Genzyme

Sanofi Genzyme Pulmonary Division

Sanofi Pasteur Vaccines

Shriners Hospitals for Children – Spokane

FACULTY

Grace Baek, PharmD, BCOP
Clinical Oncology Pharmacist
Seattle Cancer Care Alliance
Seattle, WA

Cora Breuner, MD, MPH
Adolescent Medicine
Orthopedics and Sports Medicine
Seattle Children's Hospital
Seattle, WA

Michael Brush, MD
Ophthalmology
Kaiser Permanente
Puyallup, WA

Michele Cardenas, PA-C, MS
Assistant Director of Outpatient Advanced Practice
Providers
University of Washington Medical Center
Harborview Medical Center
Seattle, WA

Fred Huang, MD
Proliance Orthopedic Associates
Fellow of the American Academy of Orthopedic Surgeons
Renton, WA

Gary Huang, MD, FAAC
Cardiology
University of Washington Medical Center
Seattle, WA

Marc Jones, DPM
Podiatric Surgeon
Veteran Affairs Medical Center
Spokane, WA

Bonnie Joy, PA-C, MPA
Assistant Teaching Professor
MEDEX NW PA Program
Tacoma, WA

Laura Katers, PA-C, MCHS, MS
University of Washington Medical Center
Department of Anesthesiology and Pain Medicine
Seattle, WA

Monica Morrison, PA-C
Teaching Associate, Division of Nephrology
Harborview Medical Center
Seattle, WA

Meg Mullin, MD
Family Medicine
Hospice and Palliative Medicine
Olympia, WA

Kim O'Connor, MD, FACP
Associate Professor of Medicine
Division of General Internal Medicine
University of Washington
Seattle, WA

Theresa Schimmels, BCHS, PA-C, DFAAPA
Dermatology
Mann-Grandstaff
Veteran Affairs Medical Center
Spokane, WA

Suzette Sutherland, MD, MS, FPMRS
Director-Female Urology
University of Washington Medical Center
Pelvic Health Center
Seattle, WA

Greg Thomas, PA-C Emeritus, MPH
Director of PA Relations
NCCPA

Lorena Alarcon-Casas Wright, MD, FACE
Clinical Assistant Professor
Metabolism, Endocrinology and Nutrition
University of Washington Medical Center
Harborview Medical Center
Seattle, WA

Leah Yoke, PA-C, MCHS
Chief Physician Assistant
University of Washington Medical Center
Vaccine and Infectious Disease Division
Fred Hutchinson Cancer Research Center
Allergy and Infectious Disease Division
Seattle, WA

Gabrielle Zecha, PA-C, MHA
Oncology
Director of Advanced Practice Providers
Seattle Cancer Care Alliance
Seattle, WA

CONFERENCE REGISTRATION

33rd Annual Primary Care Review and Update

Please Type or Print

FULL NAME (TO APPEAR ON NAME BADGE)	TITLE (PA, PA-C, ARNP):	
PRACTICING CITY (TO APPEAR ON NAME BADGE)		
MAILING ADDRESS		
CITY	STATE	ZIP
PHONE	EMAIL ADDRESS	
YOUR MEDICAL SPECIALTY (TO APPEAR ON NAME BADGE)		

Registration/Tuition Fees:

Covers CME Program, continental breakfasts, refreshment breaks, luncheons, WiFi in lecture halls, daily parking and Friday Night Happy Hour. Also included is a hosted latte cart in the exhibitor hall. **The online syllabi will be emailed to you before the start of the conference.**

	Early Bird: Received by April 9	Received after April 10	On Site Registration	
WAPA Member	<input type="checkbox"/> \$490.00	<input type="checkbox"/> \$520.00	<input type="checkbox"/> \$560.00	\$ _____
Non-Member	<input type="checkbox"/> \$560.00	<input type="checkbox"/> \$590.00	<input type="checkbox"/> \$630.00	\$ _____

2-Day Registration:

WAPA Member \$275.00 Non-Member \$325.00 \$ _____

Student Tuition: \$50.00 per day. Student rate includes daily meals.

Daily Registrants and Students: Please indicate the day(s) you will be attending:

Saturday Sunday Monday Tuesday \$ _____

Workshop Registration: (Enrollment is limited to 30. Check box if you would like to attend.

Joint Injection Workshop ■ Sunday, April 24 • 1:00 PM – 3:00 PM \$75.00 per person \$ _____

Hosted Lunches: Please check box if you want *all* hosted lunches **vegetarian**

Please list any food allergies (e.g., nuts, wheat, dairy): _____

Registration Tuition: \$ _____

Workshop Tuition: \$ _____

TOTAL: \$ _____

Breakfast and Lunch Programs

Open to the first 50 conference attendees who RSVP

- Yes, I would like to attend the **Saturday, April 23 Breakfast** program
- Yes, I would like to attend the **Sunday, April 24 Lunch** program
- Yes, I would like to attend the **Monday, April 25 Lunch** program
- Yes, I would like to attend the **Tuesday, April 26 Lunch** program

CONFERENCE REGISTRATION

2022 Spring Conference Registration *(continued)*

Payment:

By check. Please make check payable to: **WAPA**

Mail to: **WAPA**

2001 Sixth Avenue, Suite 2700
Seattle, WA 98121

PHONE: 206-956-3624 | FAX: 206-441-5863

WAPA TAX ID# 91-0953376

By credit card:



NAME ON CARD

CREDIT CARD NUMBER

CVV CODE [3-DIGIT FOR VISA OR MASTERCARD, OR 4-DIGIT FOR AMEX]

EXPIRATION DATE

BILLING ADDRESS



Mark your calendars for future WAPA events!

October 27–29, 2022

Annual Fall Conference: Suncadia Resort | Cle Elum, WA

October 26–28, 2023

34th Annual Primary Care Review and Update

New Venue! Marcus Whitman Hotel, Walla Walla, WA

Visit our website at: www.wapa.com or contact Linda Krause, WAPA Administrator, at: LMK@wsma.org or 206-956-3624